

## Cretin-Derham Hall, Co-Curricular Activities

**Animal Club** This club is for students who are interested in animal conservation and awareness. This group meets during homeroom period throughout the school year. **Contact: Mrs. Kiernan**

**Archeology Club:** Learn more about this fascinating field of study, with speakers and some Archeological Digs. **Contact: Mrs. Keske**

**Band** Band is unique in that it is a performance group that is both a class and a co-curricular activity. The band is open to all students who have background with a band instrument. There are Concert Band, Wind Ensemble, Pep Band, and Jazz Band.

**Contact: Ms. Novey or Mr. Fairweather**

**Bowling Club:** This group goes bowling on a regular basis. Watch the monitors for details. **Contact: Mrs. Jennrich**

**Bridge Club:** Bridge Club meets Mondays in the Commons during 5<sup>th</sup> & 6<sup>th</sup> hour. Come and learn to play Bridge. **Contact Mrs. Jennrich**

**Campus Ministry** Campus Ministry allows students and faculty to deepen their faith through prayer and liturgy, and through leadership roles as Eucharistic ministers, lectors, music ministers, retreat group leaders, or numerous service opportunities.

**Contact: Mr. Gleich, Mr. Teuber, Ms. Tighe, Father Forliti and Ms. Bohrer**

**Chess Team** Members participate in chess tournaments throughout the Twin Cities area. **Contact: Mrs. Jennrich**

**Chorus** Chorus is a performance group that is both a class and a co-curricular activity. Choral groups are: Pop Singers, Select Treble Choir, and Choral Arts Ensemble. **Contact: Mr. Jacobson**

**CHOICE** (Choosing to Help Others in a Chemically Free Existence) Members of this group pledge to remain chemically free and to help others make positive decisions. Members pledge to support each other. **Contact: Mr. O'Neill, Mr. Muetzel or Mrs. Marzolf**

**Close-Up** This program increases civic awareness among young people. It allows students the opportunity to explore government in action. Close-Up believes that informed and active citizen participation in the democratic process is essential to a healthy community and a responsive government. **Contact: Mr. Boisclair**

**CON+ACT** New for 2008-2009. CON = "with" ACT = "to act" + = "Christ". Students meet before school on Tuesdays to support and nourish students' Catholic faith, relationship with Christ, understanding of the Catholic Church, and daily Christian living. **Contact: Ms. Ashenmacher**

**Dances** There are several dances throughout the year. They include: Mixers, Junior/Senior Prom, Jan Jam Dance, Officer's Ball, Homecoming, Silver Belle.

**Dorothy Day** Twice a month, Cretin-Derham Hall students and faculty prepare and serve breakfast at the Dorothy Day Center in downtown St. Paul. **Contact: Mr. Peick**

**Drama** Four productions are staged each year and students act, sing, and work behind the scenes in various capacities. Drama Club is an opportunity to be involved in theater without having to audition for a play or to commit to after school rehearsals. The Drama Club attends local theater productions and art films in the Twin Cities. **Contact: Mrs. Kreitzer or Ms. Gregg**

**Family Events** These events include: Mother-Daughter Luncheon; Father-Daughter Dinner/Dance; Father-Son Banquet; Mother-Son Dinner/Dance; Grandparents Day. **Contact: The Parents' Association**

**Fencing Club** This club meets after school and there is no cost to join, just bring your own equipment. **Contact: Mrs. Becker**

**French Club** This student-run group is designed to provide an opportunity for interested students to develop their knowledge of French culture and language. **Contact: Mr. Rosen**

**Friendship Club** The Highland Friendship Club is organized by parents of young adults with disabilities. CDH has teamed up to help organize many activities throughout the year, including a retreat, dance and picnics. **Contact: Mr. Nyberg**

**G S A (Growing Seeds of Alliance)** Supporting the directives of the *Catechism of the Catholic Church*, the purpose of the G. S. A. is to educate in order to address unjust discrimination and fear, and to ensure acceptance based on respect, compassion, and sensitivity to all students, especially those with a homosexual orientation (cf. *Catechism of the Catholic Church*, #2358). **Contact: Ms. Tighe and Mr. Boisclair**

**G. L. O. B. E. (Gay, Lesbian, Or Bi-Sexual, Etc.)** G. L. O. B. E. is a student group that discusses issues that arise concerning sexual identity, spirituality, culture, and the church. Emphasizing that all are called to chastity, members meet for mutual support and friendship (cf. *Catechism of the Catholic Church, #2359*). **Contact: Ms. Tighe and Mr. Boisclair**

**Goodwill Ambassadors** The Goodwill Ambassadors go to grade schools recruiting, act as host/ hostesses for visitors, help at the Open House and Placement Test, and partake in other public relations opportunities as they arise. **Contact: Mrs. Groeller**

**"The Green Team"** Students in this group hope to create a community that is more environmentally conscious by reducing waste and increasing efficiency in daily living. This group meets during homeroom throughout the school year. We explore projects on and off campus. We act as stewards for the environment on a local and larger level. **Contact: Ms. Roscher**

**Guidance Department Support Groups** Alateen, After Care, Family Change Group, Friendship Group, Insights/ Challenge, Men's Concerned Person's Group/ Women's Concerned Person's Group, Recovery Group, Tobacco Free Teens and Women's Support Group are available through the Guidance Department. **Contact: The Guidance Department**

**Habitat for Humanity** Students help build homes for Habitat for Humanity, service opportunity. **Contact: Mr. Gleich**

**Improv** Improvisation or "improv" is creating theater without the use of a written script. The group presents three performances. **Contact: Mrs. Kreitzer or Ms. Gregg**

**Intramural Badminton League** The team is co-ed and provides training and competition. All are welcome regardless of ability or experience. **Contact: Mrs. Becker**

**Intramural Basketball League** The Intramural Basketball League provides intramural basketball competition in the winter months. There are two different leagues, a 9th and 10th grade league, and an 11th and 12th grade league. **Contact: Mr. Macken**

**Investment Club** This club meets monthly throughout the year to discuss various investment techniques and concepts. **Contact: Mr. Schwarze**

**JROTC** The JROTC Program is a national program authorized by Congress and conducted by the Department of the Army in cooperation with educational institutions. **Contact: LTC Dahlgren, MSG Ken Peloski, SGM Dave Berrisford**

**Color Guard** Cadets perform at ceremonies, i.e. alumni banquets, funerals, receptions.

**Crack Drill Team** Cadets perform precision routines with rifles. Members are selected by competition for A&B Squads. They march in Winter Carnival Parade and perform at many school functions.

**Flight Club** Students study aviation and experience C130 and helicopter flights.

**Honor Guard** Cadets serve as escorts for school and community events.

**Orienteering Team** Cadets compete in map reading events, go on camping trips, etc.

**Rifle Team Students** The Rifle team is a varsity sport sponsored by the JROTC Department. The team competes in area competitions that can lead to national or even Olympic recognition.

**Lasallian Youth** In the spirit of St. John Baptist de La Salle, the mission of Lasallian Youth is to create a community of believers gathered in faith to share the love of God through service. **Contact: Mr. Gleich, Ms. Ashenmacher**

**Leap Forward for Children** The Wilder Foundation's Child Development Center in St. Paul's Frogtown neighborhood offers CDH students the opportunity to care and play with "at risk" children. This service is available each month to students and faculty. **Contact: Mr. Peter Gleich**

**Literary Magazine** The Literary Magazine staff reads entries that are submitted for publication in *Kaleidoscope*, the literary magazine, chooses what gets published, and puts the magazine together. **Contact: Mrs. Fabel**

**Math Team** Members enhance Math skills and compete with other schools. **Contact: Mr. McGuire**

**Minnesota Business Venture** Minnesota Business Venture is an ideal way for students to learn more about the world outside the classroom and meet some of the people who make Minnesota business tick. Students will gain valuable insights into the private enterprise system. **Contact: Mr. Schwarze**

**Mock Trial** Students prepare for trial and compete with other teams from the area in a courtroom setting. Attorney coaches provide technical expertise and advise the team. **Contact: Mrs. Jennrich/Coaches: Mrs. Fetterly/Mr. Jack Pierce**

**National Honor Society** Students contribute time and service to the school and community. Members are selected based on a GPA of 4.0 or better, participation in school and community, and faculty recommendation. **Contact: Mr. Rudi**

**Newspaper** Students design, write, photograph, produce the *Chronicle*, the Cretin-Derham Hall student newspaper. This is an optional for credit class that meets before school on Monday and Wednesday, and after school on Thursday. **Contact: Mrs. Kiernan**

**Nordic Skiing Club:** This team is for enthusiastic and dedicated Nordic skiers who have an interest in promoting this lifetime sport and who also wish to improve their skills through technique training, drills, games and competition. **Contact: Mrs. Bengel**

**Outdoor/Wilderness Club:** Students participate in various outdoor adventures throughout the school year. **Contact: Mr. Ben Tierney**

**Political Affairs Club** This club is the center of political and civic activity. It creates a place where students discuss current affairs and politics during their 5<sup>th</sup> hour lunch/homeroom period. They also participate in the Jr. States of America Club- the largest student run organization in the country. **Contact: Mrs. Robison**

**P. R. I. D. E. -People Respecting Identity Diversity & Equity** The group works to foster an appreciation for and an understanding of the many cultures represented in the Cretin-Derham Hall community. **Contact: Ms. Tighe**

**Respect Life Team** The Respect Life Team is a group committed to actively supporting the pro-life message, especially directed at peers. The goal of the Respect Life Team is not only to state beliefs but also, through action, to make a difference. **Contact: Mr. Teuber**

**Robotics Team:** This team designs and builds a robot with the goal of participating in Robotic competitions. **Contact: Mr. Anderson, Mr. Grafstrom and Mrs. Hoffstrom**

**St. Mary's Mission/Red Lake Service Team** This annual immersion experience takes place at the end of April each year. It offers participants an experience with the Indian people of Red Lake Ojebwe Reservation. **Contact: Mr. Gleich**

**Science Olympics** The Science Olympics Team competes against other schools in scientific challenge type competitions. **Contact: Mr. Brown or Mrs. Hoffstrom**

**Ski/Snowboarding Club** Even on the coldest Fridays of winter, the ski/snowboarding club members meet to enjoy some time on the local ski slopes. Cost is approximately \$30.00 a time. **Contact: Mr. Lally/Mr. Powers**

**Sophia** New for 2008-2009. This club provides a safe and comfortable environment for young women to discuss women's issues, including women's spirituality, women's health, women in religion and women in other cultures. **Contact: Ms. Roscher and Ms. Tighe**

**Sowers of Justice** This group is committed to supporting the human rights of people throughout the world. The group meets each week and organizes a variety of human rights awareness actions throughout the year. **Contact: Ms. Carroll and Ms. Tighe**

**Speech Team** The team offers an opportunity for students to gain experience in public address and oral interpretation by competing at eight to twelve tournaments and invitationals, as well as regional and state competition. **Contact: Mrs. Jennrich/Mr. Jack M-P**

**Student Council** This organization provides students an opportunity to be leaders, do service, unify activities, promote general activities at the school, assist with the internal administration of the school, teach values of working in a democracy, facilitate communication. **Contact: Mrs. Marzolf**

**Thanksgiving Meals on Wheels** The Meals on Wheels program, begun in 1970, has served the traditional Thanksgiving meal to thousands of poor residents of the Twin Cities. **Contact: Mrs. Marzolf**

**Ultimate Frisbee** Ultimate is a fast paced aerobic sport that can be learned in minutes and takes a lifetime to master. This club has a proud tradition of being spirited, co-ed and fun. **Contact: Mrs. Jennrich/Mr. Josh Hemmesch & Ms. Sarah Solarz**

**Urban Plunge** Urban Plunge is an experience in which Cretin-Derham Hall students and faculty encounter a social service agency from the inside out. House of Charity in Minneapolis offers the homeless and working poor a roof over their head and a gathering place for meals. CDH students and faculty grow greater understanding of those who are in need and being served by our social programs. **Contact: Mr. Gleich**

**Yearbook** Students design, write, photograph, produce *Gemini*, the Cretin-Derham Hall yearbook. **Contact: Mrs. Sternhagen**