

Dear Parent/Guardian,

Welcome! The following information is to help you understand **health-related** issues and requirements at Cretin-Derham Hall. CDH's Health Services are provided by St. Paul Public Schools, Independent School District #625. A Licensed School Nurse/Registered Nurse is assigned to CDH approximately 3 days per week.

Immunizations are required: Minnesota State law requires all students in school to be fully immunized. Vaccination Records must be provided prior to the first day of school.

[Vaccinations Requirements](#)

Certain legal exemptions are possible:

1. Medical: A physician must sign a "medical contraindication" to immunization statement
2. Conscientious: A parent must sign a notarized "conscientious objection to immunization" statement.
3. Laboratory confirmed disease history: documentation must be provided to school nurse.
4. This form can be used for exemption documentation: [Immunization Record & Conscientious Objection \(H-016\).pdf](#)

Physical Exams:

CDH requests that all incoming ninth graders and transfer students have a current physical on file before the start of school. Please submit physicals along with Immunizations records.

*****Athletes are required to have a sports physical*****

Athletes must use the MN State High School League Sports Qualifying Physical Examination (MHSL) form, which will be available online in May/June. This form must be uploaded before mid-August Tryouts. **Students will be unable to participate in athletics (including practices) without the completed forms on file.** Individual clinic physicals are not accepted for sports participation unless they specify sports physical. See/Contact the CDH Athletic Department for more information

<https://www.cdhraiders.org/athletics-registration>

Health Conditions:

Please notify the School Nurse directly if your child has asthma, diabetes, seizure disorder, history of allergic reaction or any other health conditions that may affect him/her during school.

Medications:

The school must be notified if a student needs to keep or carry medication at school.

Parent/guardian and Health Care Provider will need to sign consent for prescription medication.

[CDH Medication Policy](#)

[Authorization for the Administration of Medication Form](#)

Please feel free to call the school nurse at 651-696-3346 or the main office with questions.